

# Oregon

## Professional Development Opportunities:

- ❖ Oregon Women in Higher Education (OWHE)
  - <http://www.owhenet.jigsy.com/>
- ❖ Northwest Association of Student Affairs Professionals (Nwasap)
  - <http://www.nwasap.com/>
- ❖ Association of Student Conduct Administration (ASCA) – West Region
  - [http://www.theasca.org/west\\_region](http://www.theasca.org/west_region)
- ❖ NASPA Region V
  - <http://www.naspa.org/constituent-groups/regions/region-five>
- ❖ Oregon Student Conduct Administration
  - No website: Contact Charisse Jolliff (Western Oregon University) at [jolliffc@mail.wou.edu](mailto:jolliffc@mail.wou.edu)

## Oregon Food and Activities:

- ❖ [http://www.tripadvisor.com/Attractions-g52024-Activities-Portland\\_Oregon.html](http://www.tripadvisor.com/Attractions-g52024-Activities-Portland_Oregon.html)
- ❖ <http://www.oregonlive.com/northwest-life/index.ssf/150-things-to-do-in-oregon/>
- ❖ <http://www.lonelyplanet.com/usa/pacific-northwest/oregon/things-to-do>

# British Columbia

## Professional Development Opportunities:

- ❖ Northwest Association of Student Affairs Professionals (Nwasap)
  - <http://www.nwasap.com/>
  - Idaho, Montana, Oregon, Washington, **British Columbia**, Alaska, Nevada, Utah, Alberta
- ❖ NASPA Region V
  - <http://www.naspa.org/constituent-groups/regions/region-five>
  - Alaska, Alberta, **British Columbia**, Idaho, Montana, Nevada, Oregon, Utah, and Washington
- ❖ British Columbia Council on Admissions and Transfer (BCCAT)
  - <http://bccat.ca/>

## British Columbia Food and Activities:

- ❖ <http://www.hellobc.com/british-columbia/things-to-do.aspx>
- ❖ <http://www.topthingstodoinbritishcolumbia.com/>
- ❖ <http://www.100bcmoments.com/>

# Alaska State

## Professional Development:

- ❖ Regional topics:
  - Homesteading/Rural living in Alaska: [www.frontierfreedom.com](http://www.frontierfreedom.com)
  - Alaska Natives & Bush living: <http://www.alaskanative.net/>
  - Cultural Vandalism
  - Youth for understanding: <http://www.kpc.alaska.edu/KPC/YFU/>
  - Semester by the bay <http://www.semesterbythebay.org/>
- ❖ University Alaska at Anchorage Training
  - <https://www.uaa.alaska.edu/humanresources/training/>
  - UAA Annual Student Affairs conference
  - Webinars & Workshops (Banner Finance, Title IX, NCBI Social Inclusion, etc)
- ❖ Kenai River Guide Academy <http://www.krga.org/>
- ❖ Kenai Fishing Academy <http://www.kenaifishingacademy.org/>
- ❖ Kachemak Bay Writer's Conference <http://writersconference.homer.alaska.edu/>
- ❖ Northwest Association of Student Affairs Professionals (Nwasap) (Idaho, Montana, Oregon, Washington, British Columbia, Alaska, Nevada, Utah, Alberta )
  - <http://www.nwasap.com/>
- ❖ Association of Student Conduct Administration (ASCA) – West Region (Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington, Wyoming)
  - [http://www.theasca.org/west\\_region](http://www.theasca.org/west_region)
- ❖ NASPA Region V (Alaska, Alberta, British Columbia, Idaho, Montana, Nevada, Oregon, Utah, and Washington)
  - <http://www.naspa.org/constituent-groups/regions/region-five>

## Recreational Activity:

### Kenai Peninsula (<http://www.kenaipeninsula.org/>)

- ❖ Alaska Sealife Center
- ❖ Resurrection bay and Kenai Fjords tours
- ❖ Exit Glacier & Harding Ice field Trek
- ❖ The Homer Spit
- ❖ Kenai River Fishing
- ❖ Beach - shell and agate search, volcano viewing
- ❖ Favorite Local Dining:
  - Katina's Restaurant
  - The Moose is Loose bakery
  - Odie's Deli

### Anchorage (<http://www.anchorage.net/>)

- ❖ Fur-Rendezvous & Iditarod
- ❖ Alaska Zoo

- ❖ Girdwood Winter Sports Resort
- ❖ Alaska Wildlife Conservation Center
- ❖ Prince William Sound via Whittier tunnel (2.5 mile one lane!)
- ❖ Ice Climbing
- ❖ Anchorage Museum, Performing Arts Center, Hockey games
- ❖ Walk or bike the Coastal Trail or Earthquake Park
- ❖ Favorite Local Dining:
  - Bear's Tooth pub, brewery and theatre
  - Glacier Brew House
  - Golden Donut (24hr)

Fairbanks (<http://www.explorefairbanks.com/>)

- ❖ Northern Lights viewing
- ❖ Chena Hot Springs
- ❖ Arctic Circle
- ❖ North Pole
- ❖ Denali
- ❖ History (native culture, gold mining, sled dog racing)

Other areas:

<http://www.visitnomealaska.com/>

<http://www.traveljuneau.com/>

Statewide ([www.Travelalaska.com/Destinations/Regions.aspx](http://www.Travelalaska.com/Destinations/Regions.aspx))

- ❖ Travel by Railroad
- ❖ Eco/Adventure tours (hiking, whitewater rafting, etc)
- ❖ Flight/sightseeing
- ❖ Wildlife viewing & Glacier Cruise
- ❖ Museums, Golf, Theatres
- ❖ Native Culture
- ❖ Winter Activities
- ❖ Alaska Marine Highway
- ❖ Bear Viewing

# Washington

## Professional Development:

- ❖ Puget Sound Colloquium
  - <http://www.tacoma.uw.edu/puget-sound-colloquium/puget-sound-colloquium-2015>  
(for 2015)
- ❖ Washington Sexual Violence Prevention College Coalition
  - <http://www.wcsap.org/>
- ❖ Washington Higher Education Sustainability Conference
  - <http://wahesc.org/>
- ❖ NASPA Region V
  - <http://www.naspa.org/constituent-groups/regions/region-five>
- ❖ Northwest Association of Student Affairs Professionals (Nwasap)
  - <http://www.nwasap.com/>

## Outdoor Attraction:

<http://www.downtownseattle.com/blog/>

<http://www.thenewtribune.com/2012/06/10/2175534/do-them-all-before-summers-done.html>

<http://blog.seattlepi.com/washingtonadventures/>

- ❖ Olympic National Park
- ❖ Pike Place Marker
- ❖ Mount Baker Highway
- ❖ Coulee Corridor, including Grand Coulee Dam
- ❖ Riverfront Park in Spokane

## Local Food Favorites:

<http://www.urbanspoon.com/br/1/358/gastrolust-seattle>

<http://www.urbanspoon.com/br/14/577/sherman-s-food-adventures-vancouver>

<http://www.urbanspoon.com/br/1/7020/food-hipster-206-seattle>

- ❖ Azteca-Mexican
- ❖ Than Brothers- Pho
- ❖ The Flying Goat- Pizza
- ❖ Indochine- Thai
- ❖ The Black Cypress- Greek, Mediterranean, Italian

# Alberta

## Professional Development Opportunities:

- ❖ The Consortium for North American Higher Education Collaboration (CONAHEC) North American Higher Education Conference
  - <http://www.conahec.org/>
- ❖ Higher Education Summit
  - <http://highereducationsummit.ca/index.html>
- ❖ NASPA Region V
  - <http://www.naspa.org/constituent-groups/regions/region-five>
- ❖ Northwest Association of Student Affairs Professionals (NWSAP)
  - <http://www.nwasap.com/>

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